

Chefs reveal the best and worst things to order at a Mexican restaurant

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Skip the restaurant fajitas and make them at home instead.

Mexican cuisine is oftentimes delicious and flavorful, but **not everything that restaurants dish up is worth ordering.**

Saul Montiel, executive chef at **Cantina Rooftop** in New York, told Insider that ordering fajitas is usually a waste of money.

"I would never order fajitas at a restaurant. They're really nothing more than sautéed onions and peppers with a protein. Nothing exciting," said Montiel.

Even the most novice cooks can prepare a batch of fajitas in their own kitchen, so paying to enjoy them at a restaurant isn't the wisest choice.

If you do order fajitas, ask the kitchen if it's possible to load them up with a specialty meat or have them served with homemade tortillas.

